

Natural Rest Product #372 (Rev. 2)

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	% Daily Value	
Niacin (Niacinamide)	50 mg	313%
Vitamin B6 (Pyridoxine Hydrochloride)	10 mg	588%
Calcium (Oyster Shell, Calcium Lactate)	100 mg	8%
Magnesium (Magnesium Oxide)	80 mg	19%
Inositol	150 mg	†
Glycine (Amino Acid)	100 mg	†
Taurine (L-Taurine Amino Acid)	100 mg	†
German Chamomile (aerial parts)	50 mg	†
Hops (flowers/strobiles)	50 mg	†
Passionflower (whole plant)	50 mg	†
Valerian (root) Extract	50 mg	†

† Daily Value Not Established.

Other Ingredients: Ethylcellulose, Gum Arabic, Croscarmellose Sodium, Food Glaze, Magnesium Stearate, Silicon Dioxide.